

EGGS YOUR WAY – 2 free range eggs on organic sourdough, poached, fried or scrambled [GFO, DFO]	10.0
BANANA LOAF – gluten free toasted banana bread with choc drizzle, toasted almonds & salted butter [GFO] (½ serve \$6)	11.0
CRANBERRY & WALNUT GRANOLA – cinnamon panna cotta, served with fresh cut fruits, honey labneh, & figs with a salted caramel crumble	13.5
SMASHED AVOCADO – seasonal avocado with beetroot hummus, cherry tomatoes, persian fetta, dukkha spices with micro herbs on organic sourdough [GFO, VO] + poached egg 2.5	15.0
BREAKFAST WRAP – 2 fried eggs, bacon, house-made tomato relish, avocado with hash brown in a toasted tortilla wrap + side of fries 3.0	16.0
CANADIAN WAFFLES – blueberry waffles with maple bacon, fried popcorn chicken, maple whip & icing sugar	16.5
EGGS BENEDICT – shaved Istra ham, spinach, 2 free range eggs, hollandaise on organic sourdough with dukkha & balsamic [GFO, DFO]	16.5
BREKKY BURGER – Brioche bun filled with spinach, bacon, relish, avocado & hash brown, with 1 fried egg & hollandaise [GFO, DFO] + side of fries 3.0	16.5
CHILLI EGGS – bbq chilli beans with chunky tomato & chorizo, toasted sourdough, 1 poached egg & persian fetta. [GFO]	16.5
THE GRACE – Istra bacon, 2 free range eggs, house-made tomato relish, avocado + hash browns on organic sourdough [GFO, DFO]	18.5
TURKISH ROLL – grilled herbed mushrooms, persian fetta, caramelised onion & balsamic relish on a toasted organic Turkish bread [GFO] + side of fries 3.0	15.0
CYPRIOIOT GRAIN SALAD – frekkeh & lentils, fresh herbs, spring onion, roasted turmeric seeds & nuts with a yoghurt dressing & garnished with avocado, pomegranate & lime [VO]	16.5
BEET SALAD – roasted beets with persian fetta, maple pecans, mixed leafy greens, chickpeas, white quinoa, smokey paprika pumpkin with a cider mustard vinaigrette. [GF, VO]	17.0

SUSHI BOWL – wild soy rice, sea weed crisps, carrot, seasonal avocado, kimchi, edame beans, wasabi mayo with cucumber & black sesame seeds [GF, VO] + chicken 2.0	16.0
FRITTERS – beetroot & chic pea fritters with persian fetta, smokey hummus, pine salsa on mixed lettuce with seeds & dukkha spices [GF, VO] + poached egg 2.5	17.5
PRAWN TACOS – salt & pepper crumbed prawns with spicy chipotle mayo, avocado & pine salsa on flour tortillas with sweet potato fries & aioli	18.5
WILD WEST BURGER – southern fried chicken with bacon, swiss cheese, lettuce, caramelised onion relish & chipotle mayo with fries on a soft burger bun [GFO]	19.0
KOFTA BURGER – lamb patty with red onion, fire roasted peppers, cheese mixed lettuce, beetroot hummus & cucumber riata with fries on a soft burger bun [GFO]	19.0
BOWL OF FRIES – choice of potato or sweet potato fries with tomato sauce or aioli	9.0
SOURDOUGH [GFO*] / HOLLANDAISE / ROASTED TOMATO / SPINACH	2.5
FREE RANGE EGG /	
CHORIZO / HOUSE-MADE TOMATO RELISH	3.0
HASH BROWNS / AVOCADO / ROASTED MUSHROOMS	3.5
ISTRA BACON / GOAT CHEESE / PERSIAN FETTA / FRIED CHICKEN	4.0
BATTERED PRAWNS / LAMB KOFTA /	4.5

KIDS

ALL-MIGHTY FAIRY TOAST – toast buttered with nutella & sprinkles	5
BURGER – bacon & cheese with tomato sauce & fries [GFO]	10
HAM + CHEESE TOASTIE [GFO]	7
FRIED CHICKEN & CHIPS – [GF]	9
KIDS WAFFLES – ice cream & maple syrup	8
EGG SOLDIERS – free range egg poached or scrambled with toast sticks	7

GF = gluten free GFO = gluten free option DFO = dairy free option
DF = dairy free VO = vegan option
Free range eggs by Ravens Creek Farm,
Seeded sourdough + brioche by Phillippa’s Bakery,
Gluten free sourdough by The Healthy Loaf

ESPRESSO

ALLPRESS ESPRESSO SUPREMO BLEND – sweet + bold
w/ a taste of red berries + cocoa

ESPRESSO	3.5
CAFÉ LATTE/CHAI LATTE	4.0 / 4.5
CAPPUCICINO/HOT CHOCOLATE	4.0 / 4.5
FLAT WHITE	4.0 / 4.5
SHORT MACCHIATO	4.0
LONG MACCHIATO	4.5
PICCOLO	4.0
LONG BLACK	4.0 / 4.5
MOCHA	4.0 / 4.5
+ DECAF / ALMOND / COCONUT MILK / SOY / LACTOSE FREE	+ 0.5
+ VANILLA / CARAMEL / HAZELNUT SYRUP	+ 0.5

SMOOTHIES & JUICE

FRESH OJ	4.5/6.5
KOMBUCHA [amplify]	6.0

[ALL SMOOTHIES \$8.0 & MADE WITH COCONUT WATER]

BERRY SMOOTHIE	
Banana-strawberry-raspberry- blackberry	
-blueberry-apple-acai	
CIN + WALNUT SMOOTHIE	
banana-walnuts-milk- cinnamon- organic multi fibre	
GREEN SMOOTHIE	
spinach- pear- mango- pineapple- hemp seed]	

EMMA + TOMS JUICE 350ml

KARMARAMA – orange, mango, pineapple, banana, passionfruit + ginseng	4.5
CLOUDY APPLE – 100% apple	4.5
GREEN POWER – apple, banana, passionfruit, plum, lemon, alfalfa, kelp, spinach, dulce seaweed	4.5
PINEAPPLE CRUSH – 100% pineapple juice + crush	4.5

LEAF TEA'S

CHOC CHIP	4.5
CREME BRULEE	4.5
VANILLA ENGLISH BREAKFAST	4.5
PEPPER MINT	4.5
GINGER LEMONGRASS	4.5
DRAGON CHAI	4.5
EARL GREY	4.5
GREEN LEAF	4.5

COLD DRINKS 375ml

KOMBUCHA- POMEGRANATE / RASP & LEMON	5.5
COCA COLA	3.5
DIET COKE	3.5
LEMONADE	3.5
ICED COFFEE	6.0
ICED CHOCOLATE	6.0
ICED CHAI LATTE	6.0
+ WHIPPED CREAM	+ 0.5
CHOCOLATE / STRAWBERRY / VANILLA	4.0 / 6.0
CARAMEL / LIME / BANANA / BLUE HEAVEN	
+ EXTRA ICE CREAM SCOOP	+ 0.5
+ SOY / ALMOND / COCONUT MILK	+ 0.5

BUNDABERG 375ml

LEMON, LIME + BITTERS / GINGER BEER	4.5
/ TRADITIONAL LEMONADE / GUAVA	

BEER + CIDER

FURPHY ALE - Geelong	6.0
CARLTON DRAUGHT - Aus	6.0
GREAT NORTHERN MIDSTRENGTH – Aus	6.0
FLYING BRICK ORIGINAL CIDER - Geelong	8.5
FLYING BRICK PEAR CIDER - Geelong	8.5

WINE

McGUIGAN BLACK LABEL SAUVIGNON BLANC – SA	8.5
McGUIGAN BLACK LABEL CHARDONNAY – SA	8.5
McGUIGAN BLACK LABEL SHIRAZ – SA	8.5
YELLOW TAIL SPARKLING – SA	7.5