

ALL DAY BREAKFAST + LUNCH

2 TOAST – seeded sourdough + seasonal spreadables [GFO*, DF, V] (1 slice sourdough + seasonal spreadables 6.0)	8.5
BANANA + WALNUT LOAF – house made + dairy free w/ butter / curd [GF, DF, V] (1 slice banana loaf + butter / curd 6.0)	9.5
EGGS YOUR WAY – Ravens Creek free range eggs x 2 on seeded sourdough, poached, fried or scrambled [GFO*, DFO] + bacon 4.0 + hollandaise 2.5 (1 free range egg on sourdough 8.5)	11.5
PB + T – toasted bagel w/ crunchy peanut butter, cherry tomatoes + topped w/ crushed nuts [GF, DF, V]	13.5
BIRCHER MUESLI – blueberry compote, coconut yoghurt, grilled seasonal stone fruit [DF, V]	15.5
ACAI SMOOTHIE BOWL – fresh berries, coconut milk, cranberry granola + seeds [DF, V]	16.0
BREKKY WRAP – 2 fried eggs, bacon, house-made tomato relish, avocado + a hash brown in a toasted tortilla wrap + side of chips 3.0	17.0
EGGS BENEDICT – twice cooked maple pork, spinach, avocado, hollandaise, 2 poached eggs + dukkah on Phillippa's sourdough [GFO*, DF]	19.0
THE GRACE – istra bacon, 2 free range eggs, house-made tomato relish, avocado + hash browns on Phillippa's sourdough [GFO*] + hollandaise 2.5	19.5
STUFFED MUSHROOMS – roasted field mushrooms w/ walnuts, savoury parmesan, wild rice + garlic w/ a balsamic glaze + pesto on Phillippa's sourdough [GFO*, DF, V] + poached egg 2.5	17.0

ROASTIE TOASTIE – roasted pumpkin, eggplant + capsicum w/ pesto, dairy free mayo + cos on a Turkish roll [GF, DF, V] + Danish fetta 2.5	16.5
BUTTERMILK WAFFLES – popcorn chicken bites, istra bacon, maple whip + persian floss	17.0
BURRITO BOWL – wild rice, seasonal avocado, sweet corn, cherry tomatoes, bean salsa w/ grilled flatbread [GF, DF, V]	17.5
BHAJI FRITTERS – zucchini, sweetcorn + onion fritters, cucumber + tomato salad, seeds, raita + grilled lime [GF, DF, V] + poached egg 2.5	18.0
SUPERFOOD GRAIN SALAD – red quinoa, kale, pumpkin, roast chick peas, cranberries + candied walnuts w/ tahini orange dressing [GF, DF, V] + fried calamari 3.0	18.5
RAMEN NOODLE SALAD – organic fried tofu, sautéed asian greens, edamame beans, shallots + nuts w/ a sticky hoisin sauce [GFO^, DF, V] GFO^ served w/ wild rice	19.5
MEXICAN BURGER – spiced patty w/ avocado, roast peppers, df chipotle mayo, corn crisps + cos w/ sweet potato fries [DF, V] + bacon 2.5 + side of sour cream optional at no charge	20.0
BEER BATTERED CURLY FRIES – w/ tomato sauce	9.0
SWEET POTATO FRIES – w/ dairy free aioli [GF, DF, V]	9.0
STICKS LOADED FRIES – bacon, cheese, jalapeno's, sriracha mayo + chives	13.0

EXTRAS

SOURDOUGH [GFO*]	2.5
HOLLANDAISE / ROASTED TOMATO / FREE RANGE EGG	2.5
HOUSE-MADE TOMATO RELISH / ASIAN GREENS	3.0
SPINACH / CHORIZO / FRIED TOFU / DANISH FETTA	3.0
HASH BROWNS / AVOCADO / ROASTED MUSHROOMS	3.5
ISTRA BACON / CALAMARI / GOAT CHEESE	4.0
SEASONAL AVO + GOAT CHEESE SMASH	5.0

KIDS

HAM + CHEESE TOASTIE [GFO*]	8.0
HAM + CHEESE BAGEL [GF]	9.0
EGG + BACON TOASTED WRAP / BAGEL [GFO] + cheese 1.0	9.0
WAFFLE STACK – maple syrup + ice cream	10.0
POPCORN CHICKEN BITES – w/ curly fries + sauce	10.0
YOGHURT + MUESLI or GRANOLA	10.0

RAW TREATS + CAKES

please see the display fridge for our delicious options

Please inform the staff of any food allergies and / or intolerances when ordering

[GFO*] The Healthy Loaf gluten free sourdough extra 1.0

GF = gluten free

GFO = gluten free option

V = vegan

DF = dairy free

10% surcharge applies on Public Holidays



STICKS & GRACE CAFE



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HOT DRINKS

ALLPRESS ESPRESSO SUPREMO BLEND – sweet + bold
w/ a taste of red berries + cocoa

ESPRESSO	3.5
CAFÉ LATTE	4.0 / 4.5
CAPPUCICINO	4.0 / 4.5
FLAT WHITE	4.0 / 4.5
HOT CHOCOLATE	4.0 / 4.5
SHORT MACCHIATO	4.0
LONG MACCHIATO	4.5
PICCOLO	4.0
CHAI LATTE	4.0 / 4.5
LONG BLACK	4.0 / 4.5
MOCHA	4.0 / 4.5
+ DECAF / ALMOND / COCONUT MILK / SOY / LACTOSE FREE	+ 0.5
+ VANILLA / CARAMEL / HAZELNUT SYRUP	+ 0.5

GEELONG'S ENGLISH BREAKFAST	4.5
CARTEL EARL GREY	4.5
GUANESE GREEN	4.5
GINGER GLOW	4.5
FITNESS HERBAL	4.5
PEPPERMINT	4.5
DRAGON CHAI	4.5
CHAMOMILE	4.5

COLD DRINKS

ICED COFFEE	6.0
ICED CHOCOLATE	6.0
ICED CHAI LATTE	6.0
+ WHIPPED CREAM	+0.5

SOMETHING LIGHT ?

savoury bacon, cheese + egg brekky muffin	4.0
fresh fruit salad bowl	5.0
+ yoghurt	1.0
ham + cheese croissant / bagel [GF]	9.0
egg + bacon toasted wrap / bagel [GF]	9.0
+ swiss cheese	1.0

MILKSHAKES

CHOCOLATE	4.0 / 6.0
STRAWBERRY	4.0 / 6.0
VANILLA	4.0 / 6.0
CARAMEL	4.0 / 6.0
LIME	4.0 / 6.0
BANANA	4.0 / 6.0
BLUE HEAVEN	4.0 / 6.0
+ EXTRA ICE CREAM SCOOP	0.5
+ SOY / ALMOND / COCONUT MILK	0.5

SOFT DRINKS 375ml

COCA COLA	3.5
DIET COKE	3.5
LEMONADE	3.5

BUNDABERG 375ml

LEMON, LIME + BITTERS	4.5
GINGER BEER	4.5
BLOOD ORANGE	4.5
TRADITIONAL LEMONADE	4.5
GUAVA	4.5

FRESH JUICES

ORANGE	4.5 / 6.5
APPLE, CARROT + ORANGE	7.5
BEETROOT, GINGER, CARROT + APPLE	7.5
SPINACH, CELERY, APPLE + LEMON	7.5

EMMA + TOMS BOTTLED JUICE 350ml

KARMARAMA – orange, mango, pineapple, banana, passionfruit + ginseng	4.5
CLOUDY APPLE – 100% apple	4.5
GREEN POWER – apple, banana, passionfruit, plum, lemon, alfalfa, kelp, spinach, dulse seaweed	4.5
PINEAPPLE CRUSH – 100% pineapple juice + crush	4.5

BEER + CIDER

FURPHY ALE - Geelong	6.0
CORONA - Mexico	7.0
PURE BLONDE - Australia	7.0
PERONI - Italy	7.0
FLYING BRICK ORIGINAL CIDER - Geelong	8.5
FLYING BRICK PEAR CIDER - Geelong	8.5

WHITE WINE

McGUIGAN BLACK LABEL SAUVIGNON BLANC – SA	8.5
McGUIGAN BLACK LABEL CHARDONNAY – SA	8.5
YELLOW TAIL PINOT GRIGIO – SA	8.5
SIX FOOT SIX SAUVIGNON BLANC – Geelong	22.0
AUSTINS CHARDONNAY – Geelong	28.0
AUSTINS RIESLING – Geelong	28.0

RED WINE

McGUIGAN BLACK LABEL SHIRAZ – SA	8.5
YELLOW TAIL CABERNET SAUVIGNON – SA	7.5
SIX FOOT SIX SHIRAZ – Geelong	22.0
SIX FOOT SIX PINOT NOIR – Geelong	22.0

SPARKLING WINE

YELLOW TAIL SPARKLING – SA	7.5
JACK RABBIT BLANC DE BLANC – Geelong	28.0
LOUIS PERDRIER BRUT – France	35.0

PRIVATE FUNCTION

For private, group events + function enquiries
please contact us at: enquiry@sticksandgrace.com.au
and we will be in touch as soon as possible.



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